



a cooperative preschool in South Orange County where children and parents learn and love together



Serra Preschool



San Clemente, California

1005 Calle Puente
San Clemente, CA 92672
(949) 492-8188

serrapreschool@gmail.com
www.serrapreschool.org



© Maria Bell - www.ClipartOf.com/17086

Kids Birthdays

Olivia Miller turns 3 on 11/23

Maverick Rohm turns 5 on 11/25

Upcoming Events

Sun, Oct 26th – Halloween Carnival (both 2-day and 3-day classes)

Mon, Oct 27th - Julian Apple Pie Fundraiser Money Due

Thurs, Oct 30th - Halloween Parade for 2-day class

Fri, Oct 31st – Halloween Parade for 3-day class

Fri, Nov 7th - ASQs Due

Tues, Nov 11th - No School! Veteran's Day

Wed, Nov 12th - Mrs. Nowicki's Birthday Celebration at Pizza Port 5:30 PM

Thurs, Nov 13th - Parent Teacher Conferences 2-Day

Fri, Nov 14th – Julian Apple Pie Pick-up

Fri, Nov 14th – Parent/Teacher Conferences (3-Day Class)

Sat, Nov 15th – 6-Week Clean Up

Wed, Nov 19th - General Meeting- 6 PM Dinner. Meeting starts at 6:30pm

Fri, Nov 21st - Harvest Festival 9 AM – 12 PM (Both Classes)

Mon, Nov 24th – Fri, Nov 28 – NO SCHOOL ALL WEEK (Thanksgiving Holiday)

UPCOMING FIELD TRIPS OVERVIEW

1. Saturday, November 15th at 6:00 pm- Pinkalicious at the Laguna Playhouse.
 - Group ticketing is closed, but anyone can still visit the website to get seats on their own.
2. Friday, November 21st at the Harvest Festival- Cowboy Ken presents his amazing American Heritage Preschool Program
3. Monday, December 1st TBA.
 - It's a teacher prep-day, and there is no school anyways, so we'll get together for an outing!
4. Saturday, December 20th at 5:00 pm- Holiday Storytelling Evening at the Ritz. More details to come.

More details to come; for any immediate questions, please email CoriPreisler@hotmail.com



Five Little Pumpkins Poem

5 little pumpkins sitting on the gate
The first one said, " Oh my it's getting late."
The second one said, "There are witches in the air."
The third one said, " But we don't care."
The fourth one said, " Lets run and run and run."
The fifth one said, "Were ready for some fun."
Then ooooooh went the wind and out went the lights.
And the five little pumpkins rolled out of sight.

Director's Message

~I Have A Message For You ~ Teaching Children To Use Their Words~

We all want our children to “use their words” so they can:

- Solve conflicts;
- Get what they want; or
- Give other children or adults a message so people know what they want them to know.

Adults have the right idea when they try to redirect preschool aged children to stop and use their words. But, in the midst of a conflict, children are not always able to think of what words to use. First of all, preschoolers have very little experience solving conflicts by themselves so they are not sure what types of words or phrases might work in a given situation. Also, when children get stressed during conflicts, stress hormones are released in the brain and the problem solving areas of their brain do not work as well as when children are relaxed. Often preschoolers would like to use their words but are unable to think of the right words to say.

Instead of giving preschool children an abstract suggestion about “using words”, adults can better teach young children by telling children the exact words to use that might help them solve a problem or give someone a message. At school I often use this phrase. “ I have a message for you” or “Do you have message for _____?” I can help you give _____ a message” The kids learn to use this phrase as well when trying to get someone’s attention. It is a very important word in my opinion and using it works. It helps kids understand what it means to give or receive words from another person. Not only do we need to learn to use our words we need to be able to hear and listen to the words or messages being given to us.

We can begin this process by giving children the exact words to say by telling them what to say. Adults have to notice what is going on and be able to simply state what they are seeing. For example, if a child is hitting because another child took a toy away from the child, adults can tell the child, “Say, Don’t grab my toy. I want it back.” Sometimes a child will need an adult to say those words for him or her until they gain the confidence to use his or her words. You can say the words for a child if he or she is unable to deliver the message.

Because children are inexperienced at solving conflicts, they may feel uncomfortable or unsure about asserting themselves with other children. Adults can help preschoolers practice saying words to an adult before attempting to say the words to another child as well. If a child grabs a glue stick from another child, adults can say, “If you want to use the glue stick, say, “Can I use the glue stick when you are finished?” Now say that back to me, “ Can I use the glue stick when you are finished?” Now you can say those words to _____.

It is also helpful to reflect back to a child about the message just given to another child. Hearing it again reinforces the concept. For example you can say. You just gave _____ a message. You said, “Can I have a turn with the glue stick?” You are learning how to talk so kids know what you need.

Adults have to be very specific about what they want children to say or do, then we have to model the exact words for children to use as well as give opportunities to practice “using their words.”

On another note I want to thank everyone for your gift of time. I could say this 100 times a year and I mean it as much the first time I say it as the 45th time. You are all super important people in the lives of all these kids. We could not do what we do at this school without you. Thank You!!!

Fondly, Mrs. Nowicki

Poetry and Young Children from Mrs. Macker

Young children enjoy many kinds of poems. Children especially enjoy silly poems by Shel Silverstein and poems that involve their hands and bodies. As children listen to poems they hear rhythms, sounds and language patterns that are important for literacy development. Reading poetry aloud with your child helps them to fall in love with words and gives them the tools they need to become enthusiastic readers.

Also, poets' inventive and skillful use of language introduces children to new vocabulary words. Here is a poem the 2-day class has been enjoying:

Way up high in the apple tree
Two little apples smiled at me
I shook that tree as hard as I could, Down came the apples
Mmmm, were they good!

Joan Macker

From our President, Cindy Parker

"If we do not feel grateful for what we already have, what makes us think we'd be happy with more?" — Unknown

I found this quote on a blog I frequently read called momastery.com. Many of us (me included) often think that things would be better or easier if we had more. That often times we don't look at the bigger picture of the things we do have. Being at home with three demanding little people all the time I forget to appreciate how lucky I am that I get to do that. Even though some days I'm pulling my hair out and would appreciate the luxury of peeing alone. I'm so lucky I get to see every little step, every new word, every new amazing or not so amazing idea they have. I have healthy little boys that have a belly full of food 3 times a day, a warm bed to sleep in and lots of love and laughter that keeps my BFF (husband) and I going. I know the days are long but we are lucky to have our feet in the sand on most days. I'm not sure if I'm delivering the message of gratitude as well as she did so if you get a minute- <http://momastery.com/blog/page/8>. Enjoy!

Xoxo,
Cindy

Frozen Silly Putty Recipe

- 1 bottle of Clear School Glue (147 ml)
 - Same amount of water (147 ml)
 - ½ teaspoon of Borax
 - ½ cup of Hot Water
 - A few sprinkles of silver and blue glitter
 - A few drops of blue food coloring
1. Pour the glue into a bowl
 2. Fill the same bottle with water and add to the glue
 3. Stir until well combined
 4. Add a few drops of blue food coloring and stir again
 5. Add a few sprinkles of the glitter and sit again
 6. In a separate cup, add ½ cup of hot water
 7. Add ½ teaspoon of the Borax to the water and stir until dissolved
 8. Pour this solution into your original bowl with the glue and water
 9. This is the best part. Stir and watch the magic happen! It may take a few minutes to make sure it's combined properly.

Pumpkin Soup Recipe

From the Story Pumpkin Soup by Helen Cooper

Whisk for 5 minutes, while you bring to a low boil then simmer for 15 minutes.

- 1 - 15 ounce can of pumpkin
- 2 Cups of chicken broth
- 1/2 Cup of cream
- 1/2 Tsp. of pumpkin pie spice

And of pinch of salt from the Duck

Sponsorship Rates

Business Card: \$5 per issue or \$30 for the year

¼ Page Ad: \$10 per issue or \$50 for the year

Email your ad to Claudia Rohm at claudhopper71@gmail.com

Serra Preschool does not endorse any advertisements listed.

Sponsors

info@bigair-bouncers.com

SCHOOL GROUPS
CHURCH GROUPS
ACTIVE MILITARY
SPORTS ORGANIZATIONS

ARE ELIGIBLE FOR A DISCOUNT

ASK ABOUT OUR FREQUENT OR LONG TERM RENTAL OPTIONS

We are fully insured! Your child's safety is our #1 concern

MATT
MATT@bigair-bouncers.com

OWNER
OPERATOR

949-842-0494

BIG-AIR
BOUNCERS

BIGAIR-BOUNCERS.COM